

What is claimed is

1.) A protective clothing patch is provided to provide comfort to body parts of high impact such as elbows, shoulders, knees, shins, buttocks of a user comprising a parabolic shaped outer sheath having an upper surface and an under surface; a parabolic shaped open cell polymer cushion member relatively smaller in size than said outer sheath having an upper surface and an under surface; an adhesive on the upper surface of the cushion member that permanently attaches the upper surface of the cushion member to the under surface of the outer sheath; a heat activated adhesive applied to the under surface of the cushion member and on the under surface of the outer sheath, which is not in contact with the cushion member; wherein heat is applied to the upper surface of the outer sheath to activate the heat activated adhesive to permanently adhere the protective clothing patch to an exterior surface of an article of clothing at a predetermined target area.

2.) A protective clothing patch as claimed in claim 1 further comprising an outer sheath that is lightweight and durable.

3.) A protective clothing patch as claimed in claim 1 wherein the protective clothing patch is adhered to the exterior of clothing to protect the clothing from wearing out or tearing.